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NEWSLETTER

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MESSAGE FROM HEAD OF IBDP AND IGCSE AND IBDP COORDINATOR



We celebrated World Teachers' Day on 05th October and let me take the opportunity to wish all the teachers at Pledge Harbor International School a very Happy Teachers' Day once again. Let me thank you students for making the day very special for us. Schools are busy places and teaching is a demanding profession. Teachers are busy making lesson plans, correcting note books, making reports, attending after school activities and it goes on. Sometimes we miss out on the opportunities to reflect upon the influence that we as teachers have on the young minds. It's the little compliment, some extra time or a forthcoming smile from a teacher that means a lot for a child can change their lives.

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www.worldteachersday.org
#worldteachersday

MESSAGE FROM HEAD OF RESIDENTIAL LIFE

Warm greetings to all members of PHIS community



It was the month of Eid-UI-Adha. As such children went on vacation from 09 Sep, 2016 to 20 Sep 2016. We all should be very happy to note that most of the children have come back their second home safe and sound. I think they are looking agile, enthusiastic and energetic after availing this refreshing holidays

After coming back from the holidays the School celebrated Eid-UI-Adha reunion with due festivity and glamour.
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MEET OUR NEW STUDENT COUNSELOR MS. SUMAIA AZMI



Choosing a job of Student Counseling is full of challenges and I was willing. I have always believed that mental health is crucial for all. Mental health is more than absence of disorders – it is about maintaining a good state of mental being and school-based mental health programs can focus on promoting mental wellness, preventing mental health problems, and providing treatment

If you have, or believe that you may have, mental health problem, it can be helpful to talk about these issues with a Student Counselor. It can be scary to reach out for help, but it is the first step to helping you heal, grow, and recover

Mental disorders are really the chronic diseases of the young. Unlike most disabling physical diseases, mental illness begins very early in life. According to findings of NIMH (National Institute of Mental Health) in Bangladesh half of all lifetime cases begin by age 14; three quarters have begun by age 24. For example, anxiety disorders often begin in late childhood, mood disorders in late adolescence, and substance abuse in the early 20's

Young people with mental disorders suffer disability when they are in the prime of life, when they would otherwise be the most productive. This is why ensuring mental well-being for the young generation is vital

My job here as Student Counselor is to assist you in taking actions and decisions as you face your difficulties and also allow you the space to change and grow. I am here to listen to you and share with you both the good and bad times, respect your need for confidentiality so that you can tell me anything and let you freely express your feelings and emotions without judgment or criticism; most importantly I am here to work with you to figure out what to do the next time a difficult situation comes up.

I want to give this message to my students - Everyone goes through tough times, but it's important that you talk to someone about it. And you are some of those privileged students who have access to such services in PHIS

Dorm Life

Mahfuza Rumman, Grade 9

Hey! I am Mahfuza Laohe Rumman from 9th grade. This is my 3rd year in Pledge Harbor living with the wonderful ladies in Valentina.

I have been staying here from the time Pledge Harbor opened its gates to girls and hence I have seen a lot of faces coming and going. The memories that I have in my dorm life are all not pleasant; some are sweet, some are bitter. Still I am happy here because bitter and sweet memories are what makes my bond really strong with my dorm and this school.

The best thing about being in Valentina is I don't have to be alone anymore. I have my roommate Zenab Aameir from 8th grade always being with me. Apart from the housemasters, I can go to the seniors for help as well. We have recently got our dorm leader and that is Farheen Zaman from 11th grade. It's really easy to approach her with all kind of problems.

Now that junior girls have started to join our school, Valentina is more vibrant now. They can be annoying at times but are pretty sweet regardless. As I have to attend classes and all the other activities of the school, I don't get to spend much time in the dorm.

Even though the amount of time I can spend in the dorm is not much, every single moment is amusing and comfortable. I have been staying here for so long that I don't get the feeling of calling it my second home anymore. Instead, I think of it as my first home.

Movies this month:

- Shallows
- Abraham Lincoln: Vampire Hunter



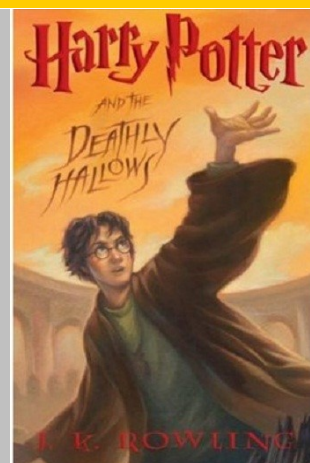
Senior Book of The Month: *Harry Potter and the Deathly Hallows*

Aamir Hussain Khan, Grade 11

“The Harry Potter novels are mainly directed at a young adult audience as opposed to an audience of middle grade readers, children, or adults. The novels fall within the genre of **fantasy literature**”

I liked this book for its story and its characters

<http://www.sparknotes.com/lit/potter7/>



Teacher Feature

Jabir Hossain, Grade 12

Mr. Keshab Adhikari from Nagaland, India has joined Pledge Harbor International School as an Economics teacher for IBDP and IGCSE. He completed his graduation and post-graduation on economics and currently doing PhD on economics as well. He is a specialist IBDP teacher with an experience of teaching in different countries.



Mr. Adhikari became a teacher by accident as he likes to say. While his father regulating some businesses including dairy farming, he was occupied to take those to the next level. Meanwhile, his friends asked for his assistance in a higher secondary school as a part time economics teacher. He began teaching there in January 2004 and continued till 2009. Later he moved to Nepal and worked there for three years. In 2012, he travelled to Bali, Indonesia and taught for four years in Gandhi Memorial School.

Mr. Adhikari aims to be an entrepreneur establishing his own institution and has an avidity to work with IB. He is advising 'Save the Nature' as a part of leadership and learning, and CAS as a part of IB in PHIS. He is also willing to coach volleyball and chess.

Mr. Adhikari has been in love with teaching since he stepped into this profession. He was not aware of IB when he began teaching. The school in Bali provided him the platform to discover giving him the opportunity to teach IB. In his opinion, IB is a compatible curriculum for 21st century that is concerned with holistic development of the students engaging them to explore and learn. He thinks it is also related with professional development of the teachers as they need to and get to learn a lot which keeps them updated about the education around the world.

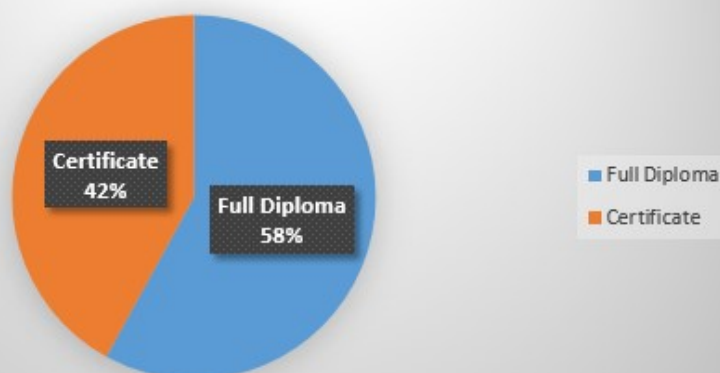
After a bad result attained by his first batch in the school in Bali, Mr. Adhikari took a challenge to generate a good result with his second batch and he succeeded with an excellence. More than half of the students achieved A*. Since then his brilliant accomplishments never took a pause to accelerate. His teaching philosophy is that education is not only academic but also social and emotional as well. Teachers would guide the students through their educational journey facilitating with hands on experiences.

Today's world is a fast changing, competitive, and innovation driven world where students are smarter than the teachers in using technologies. Therefore, Mr. Adhikari thinks teachers need to be with the latest technologies. An important quality of a facilitator is the willingness to change and accept or adapt with new tools in accord with the advancement and need.

Mr. Adhikari wants his students to remember the concepts he teaches and be able to answer at anywhere at any time and implement the knowledge in real life. He uses humorous examples in teaching which enable the student to remember the contents for long term. Students are assigned with such activities in his class where they require to utilize creative and critical thinking using real world situation to come into conclusion. As well, he involves the students in research work based on his design planner.

Keeping up with The DP Batch

Chosen Qualification



Most Popular Subject:



Business Management

Voted as enjoyable, informative and practical

MESSAGE FROM HEAD OF RESIDENTIAL LIFE

On that occasion the children participated in goat slaughtering and dinner was arranged with all students, faculty members, staff and all other support staff. It was a unique display of strong fraternity and bondage of PHIS family. The main purpose of this celebration was to make our children felt School as to be their home and impart the lesson of Eid-Ul-Adha

One of the most significant event during this month was the selection of Student Council. Student council in a boarding school plays a vital role in building a healthy and congenial atmosphere. It also gives the students an opportunity to acquire leadership traits. As such due importance has been given in the selection process. It was transparent and impartial. A panel of senior management was involved in the selection process based on a standard parameters. Finally all the teachers' opinion were also taken. A big congratulations to our new student council. I hope and wish that our new student council will do their best to take their Al Mater to further height

We would always like to pursue to improve our residential life in the campus. Because I believe the residential life would impact the students in all other activities, i.e. study, co-curricular and extra-curricular activities. The corner stone of improving the residential life is adherence to the strict discipline. I am happy to see that our students are gradually realizing the importance of discipline and they are abiding by the given instructions, rules and regulations

Wishing everyone a good health and prosperity

Eid Festivity at PHIS

Zenab Aameir, Grade 8

Eid-ul-Adha in school this year was very exciting. We came back from our Eid break and sacrificed 3 goats which was a gift from our Chairperson. The students were divided into 4

groups that were alphabetically numbered. Each group cut a goat. Later that night, we had an Eid disco party. We all dressed up and got to eat some of the meat from before. The students, teachers, and staff were all gathered together in the crowded cafeteria enjoying their food. We had a speech from Mr Tabib as usual and then began eating. After food, we all ran to the dance floor while music was playing. Students and teachers all gathered together singing and dancing. There were some exotic dance moves from teachers you wouldn't expect! The night ended and we all went back to the dorm, satisfied



MESSAGE FROM HEAD OF IBDP AND IGCSE AND IBDP COORDINATOR

Let's get back to the exam mode. The first mid-term examination is going to start from 09 Oct and end on 13 Oct. The syllabuses have been circulated to the students and in their regular classes they are revising the portions already taught. The result will be published on 18th Oct and as parent you will be able to see the scores by logging into Managebac. On 21st Oct, we are holding a Parent Teacher Meeting (PTM) where the parents are welcome to discuss about the progress of their child with the respective teachers. An orientation session on Managebac has been organized for the parents to enable them to use ManageBac effectively. An invitation email will be sent to the parents soon with the PTM schedule.

CONGRATULATIONS TO OUR NEW STUDENT COUNCIL. We are looking forward to a great school year.



Basketball players leading the show

Imtiaz Ahmed, PE Faculty

PHIS is kicking off the season by participating in the Scholastica Invitational Basketball Tournament. It is the 1st away tournament of the year for PHIS. The tournament will be held at the Scholastica School campus from 29th September to 1st October 2016. Total 12 schools are participating in the tournament in the boys division. 12 teams are divided into 4 groups. The group champions face each other in the semifinals. PHIS is group D with Green Gems School & CGS. In that case the champion of this group will face the champion of the group B consisting International Turkish Hope School, Sunnydale & Sir John Wilson School in the semifinals. PHIS takes on Greens Gems School on their first match of the group stage 1st October 2016. The list of students those are selected for this basketball tournament follows:

- Radith Zaman-Grade 11
- Syed Rashiq Sirhan-Grade 10
- ZM Ashik Ullah-Grade 10
- Nafis Hassan Islam-Grade 10
- Mahadi Rahman Arian-Grade 9
- Ahmed Menhazul Kabir-Grade 9
- Ishaat Abrar Shafi-Grade 9
- Rohan Ahmed Khan-Grade 9
- Humayed Ashfaq Chowdhury-Grade 7

Let us wish them best for the tournament.

PHIS Intra school Table Tennis Tournament

There is going to be an intra school table tennis tournament held from 3rd October 2016. The participants are divided into 3 categories – of student singles (category 1) and students and teachers and staff singles (category 2) and doubles (category 3). In category 1 the students are divided into 2 divisions - High school & Middle school. The High school will be playing in league format whereas the middle school students will be playing in double elimination format.

International Turkish Hope School Football Tournament

PHIS U-12 & U-13 football team is going to participate in the International Turkish Hope School football tournament on the 6th October 2016. The U-12 and U-13 teams are preparing extensively for the tournament. Wishing them the best of luck from publishing committee.

Spotlight

